Creamy Hash Browns (from Lisa Haugen)

1(2 lb) pkg frozen hash browns
1/2 cup minced onion (onion onion 4 + Sp)
1 (10 3/4 oz)can of cream of chicken soup

1 tsp salt

1/4 tsp pepper

10 oz grated sharp cheddar cheese

1 cup sour cream

4 Tab. De butter, melted

1 cup milk

Combine above. Place in a greased 9 x 13 inch pan. Bake at 300 for 1 1/2 hours.

If doing in crock n Low works best for 4 hours or So-